

Medicines Matters

Issue 27– 25th September 2025



The following new content has been uploaded to the Medicines Optimisation site on the Primary Care intranet up to the date of this circulation and can be accessed here [Medicines optimisation – Lancashire and South Cumbria Primary Care Intranet](#)

Prescribing guidance – Lancashire and South Cumbria Primary Care Intranet

- **Medicines Matters bulletin issue 24** - Improving the safety of HRT in female patients with a uterus safety update September 2025
- **Medicines Matters bulletin issue 25** - Rybelsus (oral semaglutide) risk of medication error September 2025
- **Medicines Matters bulletin issue 26** - formulary update September 2025 v1.1

Medicines Safety

Valproate

- Following recent updates to the valproate MHRA guidance a range of updated educational and safety resources are now available including
 - Valproate - risk mitigation material
 - Annual risk acknowledgement form for female patients
 - Risk acknowledgement form for male patients starting valproate
 - Patient guide for women
 - Patient guide for men
 - Patient card
 - Booklet for healthcare professionals
 - 3 infographics clarifying the situations in which a review by two specialists may be required
 - List of who may qualify as a specialist
- Valproate – resources for primary care
 - Initiation and Stabilisation guidance
 - Pathway for the management of female mental health patients
 - LPRES ARAF document downloads into document management
 - SNOMED codes for teratogenic medicines
 - Resources for clinicians where patients are under secondary care in Cheshire and Merseyside

Insulin

- Resources now included within resources and support material
 - Prescribing alert - insulin safety
 - Emis search - High strength insulin (supports medicine matters bulletin 20)
 - High strength insulin poster - for clinic rooms and dispensaries
 - Insulin safety document - useful information for dispensing practices and pharmacies